

Wraps + PANINIS

Salad Wrap Choice of Chicken, Ham, Tuna Mayo, Cheese, or Egg Mayo (All served with Tomato, Cucumber, Lettuce, Grated Carrot & Mayo)	6.50
Chicken Caesar Wrap (Poached Chicken, Bacon, Egg, Parmesan, Lettuce & Caesar Dressing)	6.50
Chicken Schnitzel Wrap (Bread Crumbed Chicken, Lettuce & Mayonnaise)	6.50
Chicken Mayonnaise, Tomato & Lettuce Sandwich Ham, Cheese & Tomato Sandwich Egg Mayonnaise & Lettuce Sandwich	5.50

THE Salad Bar

Poke Bowl (Choice of Chicken Schnitzel, Poached Asian Chicken, or Vegetarian with Sushi Rice, Avocado, Pickled Red Cabbage Baby Spinach, Carrot, Mayonnaise & Soy Sauce)	7.00
Bruschetta Pasta Salad (Feta, Tomato, Baby Spinach, Spanish Onion with Pesto Dressing & topped with Crostini)	7.00
Chicken Caesar Salad (Poached Chicken, Bacon, Egg, Lettuce, Parmesan Croutons & Caesar Dressing)	7.00
Greek Salad (Feta, Tomato, Cucumber, Lettuce, Olives Spanish Onion & Balsamic Dressing)	7.00
Optional Chicken	1.00



CANTEEN CATERING FOR THE CENTRAL COAST

BREAKFAST+ Snacks

Bacon & Egg Roll	6.50
Ham, Cheese & Tomato Toastie	5.50
Ham/Sweet Chilli Chicken/Tomato with Cheese Toastie	5.00
Chocolate Chip Muffin	4.50
Fruit Salad Pot	4.50
Individual Fruit Pots (Watermelon, Rockmelon)	4.50
Yoghurt Strawberry Pot	4.50
Banana Bread	4.00
Finger Bun/Cinnamon Scroll/Doughnuts	4.00
Cheese and Bacon Roll	4.00
Red Rock Chips	3.50
Popcorn	2.50
Watermelon Slice	2.50
Chocolate Chip Cookie	1.50

DRINKS

Oak Flavoured Milk 600ml/300ml (Chocolate, Strawberry, Iced Coffee)	5.00/3.50
The Juice Farm Juice 500ml (Apple, Orange, Lemonade, Orange Passionfruit, Orange & Mango, Apple & Blackcurrant)	5.00
Gatorade (Grape, Watermelon, Strawberry, Tropical, Blue Bolt)	5.00
Liptons Iced Tea (Peach, Mango, Raspberry)	5.00
Waterfords (Orange & Passionfruit, Lime, Watermelon)	5.00
Chilli Aloe (Watermelon, Grape)	5.00
Glee (Grape, Sour Watermelon, Tropical, Raspberry)	4.00
Up & Go (Chocolate /Vanilla)	3.50
Water 600ml /1.5L	2.50/4.00