

Wraps + PANINIS

Salad Wrap Choice of Chicken, Ham, Tuna Mayo, Cheese, or Egg Mayo (All served with Tomato, Cucumber, Lettuce, Grated Carrot & Mayo)	6.50
Chicken Caesar Wrap (Poached Chicken, Bacon, Egg, Parmesan, Lettuce & Caesar Dressing)	6.50
Chicken Schnitzel Wrap (Bread Crumbed Chicken, Lettuce & Mayonnaise)	6.50
Egg Mayonnaise & Lettuce Sandwich Chicken Mayo, Tomato & Lettuce Sandwich Ham, Cheese & Tomato Sandwich	5.50

THE Salad Bar

Poke Bowl (Choice of Chicken Schnitzel, Poached Asian Chicken, or Vegetarian with Sushi Rice, Avocado, Pickled Red Cabbage Baby Spinach, Carrot & Mayonnaise)	6.50
Chicken Caesar Salad (Poached Chicken, Bacon, Egg, Lettuce, Parmesan Croutons & Caesar Dressing)	6.50
Greek Salad (Feta, Tomato, Cucumber, Lettuce, Olives Spanish Onion & Balsamic Dressing)	6.50
Chicken Pesto Pasta Salad (Poached Chicken, Penne, Baby Spinach, Sun Dried Tomatoes Pesto & Parmesan)	6.50/5.00
Chicken Caesar Pasta Salad (Poached Chicken, Bacon, Penne, Lettuce Spanish Onion & Parmesan with Caesar Mayonnaise)	6.50/5.00



CANTEEN CATERING FOR THE CENTRAL COAST

BREAKFAST+ Snacks

Bacon & Egg Roll	6.50
Ham & Cheese/Cheese & Tomato Toastie	5.00
Banana Bread	4.00
Chocolate Chip Muffin	4.50
Fruit Salad Pot	4.50
Individual Fruit Pots (Watermelon, Rockmelon)	4.50
Yoghurt Strawberry Pot	4.50
Finger Bun/Cinnamon Scroll/Doughnuts	4.00
Cheese and Bacon Roll	4.00
Red Rock Chips	3.50
Popcorn	2.50
Watermelon Slice/Apple	2.50
Chocolate Chip Cookie	1.50

DRINKS

Oak Flavoured Milk 600ml/300ml (Chocolate, Strawberry, Iced Coffee)	5.00/3.50
The Juice Farm Juice 500ml (Apple, Orange, Lemonade, Orange Passionfruit)	5.00
Gatorade (Grape, Watermelon, Strawberry, Tropical, Blue Bolt)	5.00
Liptons Iced Tea (Peach, Mango, Raspberry)	5.00
Waterfords (Orange & Passionfruit, Lime, Watermelon)	5.00
Glee (Grape, Sour Watermelon, Tropical, Raspberry)	4.00
Up & Go (Chocolate /Vanilla)	3.50
Water 600ml /1.5L	2.50/4.00