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23 August 2024

Dear Parents and Carers of Year 10,

Please find below information for the upcoming Year 10 camp to Jindabyne and the Snowy Mountains. This is a compulsory event and a chance to visit some areas of the country that your son may never experience again.

<u>Please Click Here to Complete Consent and Medical Form</u> (https://forms.office.com/r/3t1gLtg31w)

Travel details

- Depart: Monday 14 October Roll call from 6.30-6.45 am, depart 7am, by Coach from Russel Drysdale Street.
- Return: **Friday 18 October -** estimated 6.00-6.30 pm, by Coach to Russel Drysdale Street. Any changes to the arrival time will be updated via our College App and Facebook page.

Itinerary

- Day 1 Travel to Jindabyne. 10-10.30am McDonalds, Sutton Forest for morning tea (students may purchase food at their own expense). 2.30-3.00 pm Cooma for afternoon tea (students may purchase food at their own expense). 4.00-4.30pm Arrive at Bungarra, Jindabyne
- Day 2-4 Jindabyne and Kosciusko National Park (see Camp Activities below for more detail)
- Day 5 Depart Jindabyne 10.30 am. There will be a few stops on the return journey and although the boys have lunch provided (sandwiches) they may wish to purchase food at Suttons Forest McDonalds, around 2pm.

Camp Activities

Students are divided into groups and rotate through set activities (hiking, mountain bike riding, abseiling and rafting).

Hike: A full day hike of approximately 15-17 kms in the Kosciusko National Park, starting at Charlotte's Pass taking in the main range where boys will either attempt to summit Mt Kosciusko or Mt Twynam, depending on conditions.

Compulsory gear: Day pack. All their protective wear including comfortable/adequate footwear, beanie, sunglasses, sun cream, hat, thermals, long pants (not jeans), fleece/wool jumper, waterproof gloves, drink bottles and a waterproof jacket. It is a long hike through snow drifts and the students will be rewarded with a warm shower and hot meal, staying in the dorm accommodation on this night. The hike is a full day activity. Wet weather over pants provided also.

Raft building: A half day activity and alternates with the abseil. This takes place on Jindabyne Lake. They may swim and will get partially (some completely) wet. **Gear**: Boys will have an opportunity to change into wet weather gear at the lake, i.e. board shorts, rash shirt/t-shirt and old shoes/booties. Old towel advised. Wearing shoes in the water is compulsory.



Mountain Biking: A full day activity which takes place at Bungarra, our main accommodation site. Boys will be first assessed on their riding ability and placed into groups accordingly. **Gear:** All protective gear including helmet, elbow/knee guards and gloves are provided. Riding will include a range of skill/obstacle courses, pump tracks, basic to intermediate flow tracks and a downhill ride for the more experienced skilled riders. Clothing for the day includes shorts, t-shirts, jumper/fleece and rain jacket. Some may choose to wear long skins or thermals underneath as the air can be quite fresh still.

Abseiling: A half day activity which overlooks the Jindabyne Dam Wall. All safety instruction and equipment provided.

Camping X 2 nights: Kosciusko National Park

1 x night Tent: Set up 2-person tent, prepare own meal using Trangia stove in small groups. Campfire. Mess kit essential. Food supplied.

1 x night Hutchie: Set up tarp and rope (see gear list). The boys will be given some tent pegs to assist them, but it is up to them to make the most of what they have. Dinner cooked by a group. Campfire. Mess kit essential. Food supplied.

N.B. The boys will be bussed and dropped near each camp but will need to walk and carry their gear a few hundred meters to the camp site.

Please note the weather can change very rapidly, it may be very cold, and it may even snow at times or it may be very warm.

Packing List:

- □ Sleeping bag (with a rating of -10 to -15 is recommended)
- □ Sun Hat AND beanie
- □ Swimmers / board shorts & rashie
- □ 3 pairs of shoes:
 - For hiking (ie comfortable/adequate foot support)
 - For bike riding and general camp wear
 - Old pair of running shoes/river booties for river sledding (they will get wet)
- □ Torch with spare set of batteries
- \square 10m of cord (shoelace thickness) for Island Bend campsite for hutchie
- □ Rain jacket with hood that is windproof and **waterproof**.
- □ Mess kit comprising of plate, bowl, mug, knife, fork, spoon, and tea towel. This kit is best in a cloth bag with a drawstring.
- Clothing: Enough warm clothing suitable for spending 5 days on camp (for example: track pants / shorts / t-shirts / warm tops / socks / underwear / pyjamas) must have long pants for hike not jeans. NOTE:
 Fleece or wool tops are best (no cotton jumpers)
- □ Towel
- $\hfill\square$ Day pack medium to large size with 2 shoulder straps for hiking
- □ Gloves
- □ Sunglasses
- □ Set of thermals (top & bottom– polypropylene or wool are best)

Space will be limited, so a suitable bag/pack that the boys can carry is required for all equipment and clothing.



St Edward's College has maintained an excellent relationship with the camp provider, and we have been sending our Year 10 group to Jindabyne for over 14 years. Responsible behaviour that adheres to our College rules is expected and a possible consequence of poor behaviour may include your son being asked to be picked up from the venue.

This experience is designed to challenge the students at various times during the week and the learning of how to cope and react to the challenges can establish lifelong lessons. Please visit <u>www.action-learning.com.au</u> for more details on the Camp.

It would be appreciated if you could complete the Consent and Medical Form by **Monday 16 September 2024**. Please do not hesitate to contact me for any further clarification or questions.

Yours faithfully,

Eamonn McCauley Year 10 Pastoral Leader

