

Independent Learning Newsletter Tips

Having Set Times For Schoolwork

Many students when they come home from school end up just waiting until they might 'feel' like doing schoolwork. Or else they drag the work out over the whole night. A much better way to work is each night have set allocated times for schoolwork, 2-3 half hour blocks. During this time students should do homework first, then work on any assignments or upcoming tests, then use the rest of the time allocated for schoolwork to independent learning activities. All distractions should be removed during this time, so students learn to focus for 20-30 minute blocks of time.

Some of the benefits for students of having set times allocated for schoolwork are:

- You are more likely to do the work if you know when to start and when to end.
- You will be more effective when you remove distractions and learn to focus for 20-30 minute blocks.
- In all the times NOT allocated to schoolwork you can do whatever you like without feeling guilty about it.
- Having set times stops arguments between students and parents as everyone has agreed when the timeslots allocated to students will be.
- You know that you are definitely doing enough work for school.
- Keeping schoolwork and personal life separate means you will be able to manage all of the distractions in your life and still complete your work for school.

So learn more this year about how to improve your results and be more efficient and effective with your schoolwork by going to the links section in your portal and opening the ELES handbook:

