

# **Haven Happenings**

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Term 3

Friday 23rd September 2016



#### Sonya's Report

As another busy and exciting term has drawn to a close, it is a good time to stop and reflect on all the events that have taken place at The Haven Education Centre over the past ten weeks.

We welcomed four new students to our program from high schools throughout the Central Coast into our Stage 4 program. Congratulations to Matt P on his successful reintegration into mainstream education. His reintegration and our continuing success is due to the consistent effort of The Haven staff assisting each student reach their personal best through a range of sporting, cultural and educational programs.

A wonderful experience was presented to me to meet the volunteers from the Kariong/Somersby Rotary. I would like to thank them for their hospitality and the opportunity to share our Haven Story.

Over the last few months staff have identified the need to introduce weekly sessions into our social skills program. This term we have directed our attention to 'resilience', a necessary skill for coping with life's inevitable obstacles. Wendy has led a social skills/counselling program introducing them to a range of sensory activities, games, challenges and conversations with the aim to help manage stress, and feelings of anxiety and uncertainty.

#### Haven Garden

Once again The Haven garden has produced an amazing winter crop. Beans, snow peas, carrots, beetroot and broccoli were the best growers this winter. During the last intake of students, new students on their first interview were given a taste of carrots and broccoli picked straight from the garden. Some were even able to take some home and share with their family. One such student commented on his first day at school after their enrolment interview 'we didn't have any vegies at home so we ate the vegies we were given form The Haven garden'. It has been a real pleasure since the start of Spring to plant the new seasons seedlings with the students. Some of the students are reporting going home and asking parents or carers to go and get some seedlings so that they too can grow vegies at home. Some students believe that 'we should start an agriculture school and do this all day!'. For me it is great to see students getting involved in growing their own food and sharing these experiences with their families...

On another note, Chris is once again on leave due to

further surgery. We wish him a speedy recovery and look forward to his return.

Numerous activities have been available for Haven students to attend this term, an opportunity to broaden their horizons within our community. A visit to the Italian Forum, Leichardt, Drama Workshop at St Edwards College, annual PCYC Kids vs Cops Ozag Competition (changed to basketball due to the increment weather) and more!

Enjoy reading! Sonya Robinson



#### LET'S MAKE FILM (English Unit)

Wow! What a talented group of students we have this term, an up and coming generation of cameramen and film makers. You guessed it! FILM was our focus this term. Camera usage was the basis of this unit as we learnt technical terms and techniques to create a true epic. As always there is a theory component, not always the most interesting stage for the 'hands on' learner. However, we did need to identify and explain the genre of each movie displayed and ascertain their targeted audience. An important aspect when creating your own movie when you learn all these things is to decide on: What type of movie am I going to create? Who do I want to watch my movie (audience)? What theme am I going to choose? Then we need to mould our story. This is achieved through the various camera shots able to be used. Camera shots are used to demonstrate different aspects of a film's setting, characters and themes. As a result, camera shots are very important in shaping meaning in a film. Once our photos were taken we created a Film Portfolio using the various camera shots we were exposed to. At the end of a lengthy project, the students collected an array of images, video clips and music and created their own movie using the Movie Maker program.

#### **PCYC Basketball**

This term PCYC Bateau Bay held their annual gala day. As it was raining on the day we were unable to play Oztag as we normally do, instead schools played basketball in a round robin competition in the basketball Centre at PCYC. The students had to put their name down to play and it was great to see students that might not excel as much in Oztag put their hand up to play basketball. In the end we had 6 students both girls and boys. The student's who came thoroughly enjoyed themselves and learnt a few new skills on the day including teamwork. From the four matches the students were able to draw one of the matches which is an amazing achievement given that the other schools may have had over 1000 students to

choose from where we only had biggest lesson learnt 25. The on the day must have been that winning isn't always reflected by the score board but instead by how much fun you have playing and how hard you try! The students loved the day and were totally impressed by the new skate park that has just opened up next to the PCYC. What a great way for young people on the Central Coast to build positive relationships in their community whilst being outside and active doing something they enjoy!

#### **Physical Activity**

We have tried to increase physical activity options over this term particularly at The Haven. We have offered a little more variety to keep the interest of most of the students. Before school starts we have provided some physical activity to 'kick start' the day. A game called Kick Tennis has proven to be very popular. An exciting game that has some unique and exciting Haven rules. This game has also been offered at recess and lunchtime.

On Mondays in the morning session, every student goes for a walk during PDHPE. This has been beneficial in many ways and guite calming for the students. During Living Skills we have played a variety of games with some fitness activities. Games have included touch, kick tennis, cricket, gym and boxing including some physical fitness challenges and 7 minute workouts. Each individual student is leaving this term having researched a sport or physical activity in the local area that they can participate in over summer. It's great to see all the students making sport and physical activity a part of their lives.



#### Italian Forum

The kids were all pumped on the bus on the way down to Sydney, they really enjoyed having a movie to watch. Once we arrived we were greeted by Lily. She was very enthusiastic and happy to have us all there.

The kids got to make their own mini pizzas. Lily gave them a small ball of dough to squash out with their finger tips and then place onto an aluminum tray. Then they got to choose from 8-10 different toppings to place on top of their base. These were then collected and Lily took them to a kitchen to place them under the griller.

While the pizzas were cooking the kids got a double mould each to paint. They used multicoloured food dye mixed with white chocolate to put a thin layer on the bottom of the mould and then filled the rest of the moulds with milk chocolate. They were all then placed in a large fridge to set.

The pizzas were brought out and the kids absolutely loved them. Lily then gave the kids some gelato, two different flavours of their choice in a waffle cone and they went down very nicely. As you could imagine the bus trip home was much quieter with all kids and staff full and satisfied.

A great day was had by all.

Shannon Joyes

#### Haven Day Out

On the last of term, we had the pleasure of taking 3 students to The Haven Day Out. This day is a special reward for consistent positive behavior for Friday Reward Days and excursions. The Haven Day Out involved taking these students to the movies at Cinema Paradiso at Ettalong to watch "Pete's Dragon", followed by a lunch at Ettalong Diggers. Lunch involved burgers and pizzas. The day was thoroughly enjoyed by all, and I am sure that when the news goes around the school of what happened, more students will make the effort to improve their behaviour in order to attend The Haven Day Out next term...



DRAMA WORKSHOP with Ms Connors By Daryl

A group of students went to St Edwards College in Gosford for a Drama Workshop.

It was run by Ms Jodie Connors in their new drama rooms. Three boys from St Edwards also helped us. They were Harry, Orlando and Matt. Sonya, Wendy and Koke came with us to help.

We did some warm up exercises to start with, then we played some games. Next, we wrote down two action words each and developed a story from this in our three groups. Ms Connors then showed us the effect you can get using UV lights. They make everything that is white, glow in the dark. It looks really cool!

We were given white masks and gloves to use in our plays. Then, we rehearsed each of our stories and performed them for the rest of the group. They all looked really good and were all so amazing. My favourite bit was when Matt got blown up.



## **Physical Activity**

### From the students

Every second Wednesday the Haven students go to gymnastics. I really look forward to doing backflips and front flips and other tricks on the trampoline and the swing bars. We also do activities like the swing bars, Olympic trampolines and do stuff into the foam pit. I try to behave on a Monday so that I can go to gym-

#### The Garden

This term we have been lucky enough to go on an excursion to Margin Mushrooms. The staff there showed us through the factory where the mushrooms grew. It was interesting to see how the mushrooms grew, we even got to taste some raw mushrooms fresh from their garden. My teacher bought a pallet of mushroom mulch and we put this on our gardens. I helped put this onto the garden and although it was a bit messy, I liked it. We went on an excursion to Bunnings where we bought some seedlings and seeds which we planted. My garden is the best because I bought in chicken poo from my chickens at home and this has made my garden grow better than anyone else's. I have made a garden at home and I will be using some seedlings and seeds form school to plant at home.

### Italian Forum

This term we went to the Italian forum.

We made chocolate and pizza it was very good. We had really cool food like spaghetti bolognaise that was cooked for 12 hours. We also had gelato that tasted really good. I am am writing this because of how much I appreciated this experience. If all you sponsors did not sponsor us we would not be able to do this. Thank you all our sponsors for giving us this experience.

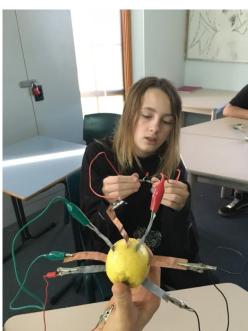
Dylan

#### **Dear Sponsors**

I would just like to say thank you for all the help you guys give to The Haven. It really helps a lot of kids and it has done so much for me. I was on a downhill spiral before coming to this school. I didn't want to go to school, I would get suspended and runaway and have suicidal thoughts. I got sent to this school and it has done a lot, every day I kind of look forward to school rather than dread it and I have gotten a lot better. At my old schools when I did something bad I would just get suspended or put on detention, here though, they actually help you stop from doing it again and help you improve. I am really thankful for this school and all of its sponsors because without this school I would probably either be dead, doing all kinds of drugs or in a prison cell. You guys have saved me from that fate and got my life back on track. I've stopped fighting and swearing and now I plan on becoming a fighter pilot for the air force. I would never have got there with my previous behaviour and lack of discipline, now I have a chance to get there and without you guys I wouldn't have been able to do it. I cannot ever repay any of you but please know I am so grateful for this school and all the people that support it!

Thank you,

Alex



Every Tuesday the Haven students do art. This term we have been lucky enough to work on skateboard decks which were made and donated to us by St Pius students. I like art really much and if I'm lucky enough I get to work on my skateboard during class time. This helps to calm me down